

❖ Osler Outreach ❖

A quarterly newsletter published by Osler Medical, a multi-specialty medical practice

Volume 7 Issue 2

Caring For Our Community's Health

Summer 2002



Osler Medical welcomes **Christine Thomas, M.D.**, board-certified in obstetrics and gynecology.

Dr. Thomas attended the State University of New York where she completed her undergraduate degree in only three years. She went on to earn her medical degree from New York Medical College.

Christine completed her OB/GYN residency at David Grant USAF Medical Center at Travis Air Force Base, California. While serving as Chief Resident, she was recognized as Outstanding Resident Educator.

From 1999 to 2002, Dr. Thomas served as Chief and Director of The Women's Health Clinic at MacDill AFB and Dover AFB. While there, Dr. Thomas developed a unique approach to the difficult problems of hormone management, menopause, and pelvic pain.

She lives with her husband Bill and 2 sons, Dylan and Matthew and enjoys cooking, gardening, sailing, fishing, and spending time with family. Dr. Thomas' office is located at our Suntree office at 6450 N. Wickham Rd., Melbourne. To schedule an appointment or for more information, please call 255-5757.

Welcome aboard Dr. Thomas!!



Growing Pains....

We are in the midst of transitioning to a new electronic medical record system. If you are asked to clarify something that you may have previously provided to us – please know that this is our attempt to insure that the data in our new system is as accurate as possible. We sincerely need your help and your patience in order to make this new system become the “tool” that it is meant to be. Thank you!

OSLER WOMEN'S CENTER

The Osler Women's Center Surges Forward ...

Osler Medical broke new ground in 1999 when they recruited Ralph Zipper, M.D., a Johns Hopkins trained urogynecologist, to start Brevard County's first dedicated comprehensive urogynecology center. This center has grown to national recognition.

Osler Medical was at it again - when in 2000 they recruited Enrique Africano, M.D., a Harvard trained perinatologist, to develop Brevard County's first and only full time High Risk Obstetrics practice.

With the arrival of Christine Thomas, M.D. to Osler Medical, areas including alternatives to traditional hormonal treatment, infertility, and pelvic pain will now be addressed. These areas of gynecology represent problems that few practitioners are armed to treat. Dr. Thomas is the answer to the special needs of many of Brevard's female patients. Dr. Thomas is an accomplished Laparoscopic surgeon and remains dedicated to the complete gynecologic and obstetrical care of all of her patients.

The Osler Medical Women's Center
is accepting new patients.

Call the office at 723-5555.

Summer Tanning Tip ...



Not all sunscreens are created equal! The SPF advertisements tells you only about ultraviolet B (UV B) protection. They say nothing about the UV A, which is responsible for photoaging and may be more responsible for melanoma than UV B.

Look for Parsol, an ingredient found in SHADE UVA Guard. This protects against A and B!

Osler Clinical Research

Osler Clinical Research (OCR) has six studies currently enrolling:

- ⇒ Intermittent Claudication
- ⇒ Metastatic Breast Cancer
- ⇒ Depression
- ⇒ Complicated Urinary Tract Infection
- ⇒ Type 2 Diabetes
- ⇒ Lower Urinary Track Symptoms
- ⇒ ChemoBrain (fatigue after Chemotherapy)

OCR would like to THANK all the Osler Medical patients who participate in our Clinical Research studies. Without you, they would not be a success!!

Kids say the funniest things....

by Carolyn Feltus-Atkinson, M.D.



During a visit with a young girl, Dr. Hernandez was discussing the need to keep the "private area" private.

When he asked the young girl if she knew where her private area was, she replied: "Yes, my bedroom!"

A Laugh A Day... ..



A little old man shuffled slowly into an ice cream parlor, crawled painfully onto a stool, and ordered a banana split.

The waitress asked, "Crushed nuts?"

"No", he replied, "it's just arthritis."

Osler Outreach Staff:

Editors: Carolyn Feltus-Atkinson, M.D., Brian J. Ellis, M.D.

Production: Vikki Gentry, Brenda Merchberger

Contributing Writers: Carolyn Feltus-Atkinson, M.D.,
Brian J. Ellis, M.D.,
Christine T. Thomas, M.D.

Comments / Questions: 725-5050 ext. 152

Osler's Current Events...

Congratulations to **Susan Pinsky, M.D.** who became a Fellow of the American Academy of Family Physicians.

Osler Medical sponsored the **Melbourne Arts Festival 5K Run** held April 27th. In addition to our sponsorship, Osler provided 35 volunteers to help on race day. We enjoyed meeting our fellow community members!

Our own **Thomas Hoffman, M.D.** cycled across the United States with "Ride Across America". He started in Irvine, CA and ended in Boston, MA. You can read all about his trip at www.BobsBicycleShop.com.

Dr. Michael Kambourelis' daughter Kelly is now ranked #1 for Tennis in the State of FL Girls 10 & Under Division.

DROWNING ...

by Carolyn Feltus-Atkinson, M.D.

Drowning is the #1 cause of death in young children in Florida. Prevention is the key to avoid this tragedy. Children can drown in any amount of water—the key to prevention is not allowing a child access to water unsupervised.

Backyard pools, retention ponds, bathtubs, toilets, and even 5 gallon buckets can be sources of water in which children can drown. Restricting access by using fences, high exterior locks, and toilet latches are good solutions. Dump buckets after using them—and never leave a child unattended in the tub or in a pool.

Drowning in older children, teenagers, and adults typically involves ocean swimming or boating. Remember to swim parallel to the shore to escape a rip tide, and always wear a life jacket when you are on a boat.

Consider keeping a cell phone with you at the beach and swim near a lifeguard.

Treatment involves immediate CPR which is critical to the outcome of the drowning victim. Continue CPR until help arrives. All adults and teenagers should consider learning CPR and keeping their knowledge up to date with frequent refresher courses.

Summer fun in Florida wouldn't be complete without the water—just be careful ... and enjoy!

New Technology

AESTHETIC LASER PROGRAM

The Osler Aesthetic Laser Program utilizes the latest and safest laser technology to remove unwanted hair and unattractive leg and face veins.

Unlike Spas and single-specialty medical facilities, Osler Medical offers the experience of its many specialty physicians. Patients requesting vein treatment typically meet with one of our specialist surgeons for a consultation prior to treatment. If our specialist's examination suggests non-laser treatment methods may also be necessary, the patient will be offered all techniques necessary to provide a great result.

Hair removal patients as well as vein treatment patients all receive care inside our multi-specialty physician office building.

Let our experts make you look great!

Call 723-5555 for more information or for an appointment.



Osler Medical's 3rd Annual Founder's Day Picnic

On 4 May, the Doctors and Employees of Osler Medical had their 3rd Annual "Founder's Day" Picnic at Wickham Park. A fun time was had by all and the Doctors showed what good sports they were by getting into the Dunking Booth!!! The Doctors even cooked for us!!!



New Billing System

Osler Medical's new billing system is up and running. We hope you have noticed that the new system includes a statement that is easier to read and understand. Mailings in the future may include a personal data sheet for your review so that you can help us insure we have the most up-to-date information on you.

We thank you for your patience as we work through this transition. If you experience any problems with our new system, please call the Patients Accounts department and they will be happy to help you. You may reach them at 725-5050.

Melbourne Art Festival 5K Run

Osler Employees participated in and volunteered at the Melbourne Art Festival 5K Run on 27 April 2002! A fine display of endurance and team spirit !!!



ATTN: SUNTREE PARENTS!

Physician Spotlight



Osler Medical is available to serve your primary care needs in Suntree. Scott Nunes, M.D. is board-certified in both internal medicine and pediatrics. Dr. Nunes is a member of the American College of Physicians and the Christian Medical-Dental Society.

Dr. Nunes graduated Cum Laude from Kennesaw State College near Atlanta, GA with a B.S. in biology. Afterward, he attended the Medical College of Georgia in Augusta and completed his residency at Orlando Regional Medical Center and Arnold Palmer Hospital for Women and Children. During his medical training, Dr. Nunes was most honored to help lead a faith-based summer medical project to the inner city poor in Philadelphia, PA, which provided health care, immunizations and hope.

Dr. Nunes recently relocated to Melbourne with his wife, Jenette Lopez-Nunes, to be closer to family. In his spare time, he enjoys reading, volleyball and spending time with his family. Dr. Nunes is located in our Suntree office at 6450 N. Wickham Road, Melbourne. To schedule an appointment, please call 255-5757.

Gossip of the Group

Congrats to **Denise Cook**, Diagnostics, on her engagement to **Dan Jacobs** — and to **Karen Kekac**, Dermatology, on her engagement to **Trevor Elphage**!



Congratulations to ALL our **New Osler Grandparents** —

Margie Pace—Akelia Denae born 24 April
 Joan Murphy—Jayden Kylie born 6 May
 Juliet Brown—Kiersten Nicole born 14 May

Dr. Wendy Lockhart's new niece, Ashley Ann, was born on 3 May!



**Yes sir, that's my
 Doctor?
 Guess who!**
 (answer in Fall edition of the Osler Outreach)

Did you guess?.....

Dr. Wendy Lockhart

Dream Team Dispatch

The Dream Team is a network of 20 employees that volunteer their time and efforts to local charities. They have been busy the past month. Clothing was collected and donated to Hacienda Girls Ranch; formula from our Pediatrics office was donated to Pregnancy Resources; a donation of \$25 was given to Pregnancy Resources for shampoo, soap, etc.; and a kitchen play set was donated by David Morrison to Crosswinds Youth Services. (Thank you again David!)

Some new projects ahead are a blood drive on 14 June; a food drive during July; and a rummage & bake sale on 31 August. Everyone is welcome to join us!

The Dream Team is another way for Osler Medical to show it cares for our community.

Osler Medical Online

Osler Medical's web site has a new look with you the patient in mind! Our new web site now offers you up-to-date information on our office locations, our specialties, and our staff of qualified physicians.

We have included additional information for you — this newsletter, links to health information sites, a list of the latest Clinical Research studies, fun pictures from Community Events, and much more. We have also included our new patient registration forms online so you may print them, complete them, and bring them with you to speed up your check-in process.

Check us out!

www.oslermedical.com

Office Locations

Palm Bay

490 Centre Lake Dr NE #200
 725-5050

West Melbourne

575 S. Wickham Road, Suite A
 984-1982
 2575 W. New Haven Avenue
 951-9697

Melbourne

930 S. Harbor City Blvd
 725-5050
 95 Bulldog Blvd, #201 (Pediatrics)
 723-4577
 1314 Oak Street (Urology)
 727-8940
 1317 Oak Street (Neurology)
 725-5300
 1430 Valentine St (Women's Center)
 723-5555
 1735 W. Hibiscus Blvd., Suite 100 (ENT)
 724-2718

Beaches

1413 S. Patrick Drive
 777-9923
 3830 Hwy A1A, Driftwood/
 Publix Plaza 725-8788

Suntree/Viera

6450 N. Wickham Road
 255-5757

www.oslermedical.com